

Lip cosmetics **(Lip balms, lip gloss and lip liners)**

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Your lips are skin very similar to the other skin that covers your body. However, this skin is constantly being wet by your tongue, water, food, etc., and dried by each breath you take. So the lips are continuously exposed to many wetting and drying cycles. And lips do not have oil glands to replace the moisture, so they dry out and may crack quite easily.

❖ Lip balm or lip salve:



is a wax-like substance applied topically to the lips to moisturize and relieve dry lips, stomatitis, or cold sores.

Lip balm often contains beeswax or carnauba wax, camphor, cetyl alcohol, lanolin, paraffin, and petrolatum. Some varieties contain dyes, flavor, fragrance, phenol, salicylic acid, and sunscreen.

The primary purpose of lip balm is to provide an occlusive layer on the lip surface to seal moisture in lips and protect them from external exposure. Dry air, cold temperatures, and wind all have a drying effect on skin by drawing moisture away from the body. Occlusive materials like waxes and petroleum jelly prevent moisture loss and maintain lip comfort while flavorants, colorants, sunscreens, and various medicaments can provide additional, specific benefits.

Best lip balms



- 1-Best lip balm must super moisturizing & long lasting.
- 2-Best lip balm with sunscreen.
- 3-Best lip balm with vitamin C that can repair burnt and chapped lips.
- 4-Natural lip balm offers skin soothing relief, moisture and comfort from dry, chapped or cracked lips.

❖ Lip gloss:



is a product used primarily to give lips a glossy or shiny appearance, and sometimes to add a color.

Basic lip gloss simply adds shine to the lips without color. Colored lip gloss adds a combination of color and shine. Glittery lip gloss has a glitter base, with or without color.

New types of "plumping" lip gloss contain ingredients that make the lips appear softer and plumper.



Lip Plumper is a unique lip formula blended with Ancient ingredients, Cinnamon oil and Argan Oil that makes the lip appear fuller in just a few seconds, adding a pop of lip-boosting color while hydrating dry areas.

Raw materials used in lipsticks

- Waxes
- Oils
- Pigments and dyes
- Alcohol and fragrance
- Preservatives and antioxidants



1. Wax:

- Wax provides the structure to the solid lipstick. Lipsticks may be made from several waxes such as beeswax, ozokerite and candelilla wax. Because of its high melting point, carnauba wax is a key ingredient in terms of strengthening the lipstick.

2. Oil:

- It is the addition of oil that gives lipstick its shine and translucent effect. Different types of oils, like castor oil, vegetable oil, lanolin and mineral oil are used in lipsticks.

3. Pigments and Dyes:

- These are used in lipsticks to impart the desired color or shade to the lipstick. The dyes used in a lipstick include bismuth oxychloride, manganese violet, titanium dioxide, D&C Red No. 6, D&C Red No. 21,



4. Alcohol and Fragrances

- Alcohol is used as a solvent for the wax and oils used in making lipsticks. Fragrance is used for imparting a pleasant scent to the lipstick and to mask the smell of other ingredients.

5. Preservatives and Antioxidants

- Preservatives and antioxidants are added to the lipstick to increase its shelf life and to prevent it from becoming stale or rancid.
- Preservatives: methyl paraben, propyl paraben
- Antioxidants : Gallic acid, propyl galate, BHA, BHT



❖ Lip liner, also known as a lip pencil:



is intended to fill areas on the outer edges of the lips before applying lipstick to give a smoother shape.

The product is usually sold in a retractable tube or pencil form which can be sharpened. Lip liner is usually available in the same range of colors as lipsticks: e.g., reds, pinks, browns, plums, etc. Lip liner also comes in invisible, for giving the illusion of smooth lips without adding color.

- Like lipstick, lip liners are composed of waxes, oils, and pigment.
- Compared to lipstick, lip liners are firmer in consistency and more deeply pigmented, making them suitable for drawing on to the lip with precision. For these reasons, lip liners have less oil but more wax and pigment than most lipsticks.

Take Care



Don't lick your lips



Do not lick your lips as it dries the lips all the more

Skin heals better when it's kept moist



As lips do not have oil glands it is essential to moist them with lip gel particularly in winter.

Avoid using lipstick



While your lips are hurt, avoid using lipstick as this will irritate the injured lip surface

Drink lots of water



You need to drink enough amount of water.

Give up alcohol & smoking



Smoking
can cause
lip
wrinkles,
while
alcohol
dries up
the lips

Papaya is very useful for the skin and lips



Papaya contains exfoliating enzymes. It softens and refines lip lines.

Take healthy and balanced diet, rich in vit B

Vit B nourish
your lips and
helps to reduce
cracked lips.



Apply honey on your lips



Honey softens the lips, moisturize and prevent dry lips or chapped.

Black tea bags reduces dryness of lips



Dip a black tea bag in warm water and press it on lips for 3-4 minutes. This increases moisture level on skin of lips

