

## C.V



**Name:** Zena M. Qaragholi

**Date of Birth:** May 25

**Specialization:** M.S.c in pharmacology and Toxicology- PhD candidate in Pharmacology

M.S.c In Human Rights from the International academy for research and humanitarian / Egypt **(International and local protocols for IDPs and immigrant's in Iraq)**

**Position:** Lecturer – College of Pharmacy/ Uni of Baghdad-Department of Pharmacognosy and Medicinal Plants since 2011.

-Head of the Cultural relations Office/ College of Pharmacy- Also, assigned to work for one day at the cultural Relations Office at the University of Baghdad since 2013

-Ambassador of children in Iraq by the Child Welfare Commission- UNICEF since 2017.

-Ambassador of peace from Norway 2018.

-President and founder of We Do Help Organization for Humanitarian Relief and development منظمة نحن نساعد

-President of the Iraqi health sector for The Arab Specialized Women Union.

- 2016-2017 Iraq representative for the Regional Young Leaders for – Regional Thematic Network representing Iraq with Friedrich-Ebert Stiftung/ German Institute.

-Head of the Baghdad division at Living light International Implementing Heart surgeries for children with cardioidiseases.

-TOT trainer

**Work Address:** University of Baghdad/College of Pharmacy/

Department of Pharmacognosy and Medicinal plants

**Mobile:** +9647711111419

## **Social Media:**

**FB:** Zena Qaragholi      **FB: Page:** We Do Help نحن نساعد

**Insta:** zenaqaragholi

**Twitter:** @ZenaQaragholi

**E-mail:** [zenaqaragholi@yahoo.com](mailto:zenaqaragholi@yahoo.com), [zenawdh@gmail.com](mailto:zenawdh@gmail.com)

## **Humanitarian Work:**

An activist in Human's rights , Orphans, widows and handicapped people.

The main focus of my work are the vulnerable children and help them aspire and achieve as they are the future. Via my organization We Do help I've been able to provide medical, health and other life support to over 8000 Iraqi Displaced personal. Also, provided more than 850 Wheelchairs to handicapped. Around 900 hearing devices for the deaf and mute. Sponsored over 700 medical cases that required surgery inside and outside Iraq in collaboration with other organizations and local Iraqi doctors. Supporting orphans and empowering widows in collaboration with ministries and other institutes mainly the ministry of labour.

I have experience with international NGOs such as;

- The Equal Rights Center/ Washington DC-USA
- Living Light International/ Virginia USA/ Baghdad- Iraq office
- One World Medical Mission- Michigan- US
- UNICEF-Iraq

## **Awards and Certificates of Appreciation:**

-46 letters of appreciation from head's of universities- College deans- The parlement-Minister of Health- Minister of Women's issues- Minister of labor and social work- Minister of Migration and immigration and the UNICEF.

- Honor PhD in Human Rights for a research in Migration and immigration from the International academy for research and humanitarian science 2016/ Egypt.
- Award by the Arabic World without borders institute , was chosen as one of the most 100 effective women in the Arab world.
- Certificate of Distinguish from the International academy for research and humanitarian science 2016/ Egypt.
- Certificate from Friederich Ebert Stiftung ( Regional Thematic network) 2017
- Alhindia hospital- Karbalaa. Rare Pediatric conditions symposium 2019-11-20
- Participating in the 18<sup>th</sup> annual conference college of medicine – Uni of Baghdad. 27-28/ 11/2019

**Academic Career:**

No.	Career	Workplace	From -To
1	Lecturer	College of pharmacy/ university of Baghdad	2011- Present
2	Department coordinator	Department of pharmacognosy and medicinal plants/ College of pharmacy/ University of Baghdad	2013- 2014
3	Head of cultural relations	College of pharmacy/ University of Baghdad	2012-present

**Scientific Committees:**

- Medicinal Plant nursery committee
- Animal House committee
- Uni of Baghdad's Day committee
- Uni's Humanitarian relief Committee

- Scientific research Center Committee
- QS News 2WOWU publication committee
- Quality control and safety measurements committee
- Others

## **Training courses:**

- Human Resources, Admin procedures and public relations/ Adams smith college- Scotland
- Teaching Methods 2012- Uni of Baghdad
- Computer course for promotion purposes 2014- Uni of Baghdad
- IC3 course
- Primary Health skills with USAID 2015
- Communication skills with Mercy hands and USAID 2015
- Youth leadership skills With USAID and the women leadership institute 2015
- Young leaders participation in conducting the 1325 role Baghdad- Erbil 2015
- Writing project proposals with USAID and the women leadership institute 2015
- TOT in personal development at creativity horizons center Baghdad 2015
- Strategic planning at creativity horizons center Baghdad 2015
- Quality Control and safety Measurements- Uni of Baghdad
- Social Justice workshop with Friedrich-Ebert Stiftung German institute – Baghdad 2016
- Social Justice workshop with Friedrich-Ebert Stiftung German institute – Tunisia 2016
- Migration and immigration workshop and conference with Friedrich-Ebert Stiftung German institute – October- Germany 2016
- National Tolerance and conflict solving by peace and media care center funded by the UNDEF 2016 Baghdad
- Migration and immigration workshop and conference 15-20 Nov with Friedrich-Ebert Stiftung German institute. Tunisia
- Minorities in Iraq organized by Norwegian people's aid organization and the Shabak women organization in Iraq 10-11 Dec- Baghdad.
- Stockholm Internet Forum ( SIF 2017) By Sida / Sweedish International Development Cooperation Agency.
- IDP Handicapped Research With Friederich Ebert Stiftung – Morocco.
- Social Justice, Human rights and climate change closing thematic network conference Sept. 2017.
- GLP training at alyarmook college university 9-1-2019.
- Estimating the burden of seasonal influenza from WHO 2020
- Serve acute respiratory infection (SARI) April 2020 WHO
- Infection prevention and control ( IPC) for novel coronavirus ( COVID-19) 2020 WHO
- Emerging respiratory viruses including COVID-19 methods for detection, prevention, response control

-Harvard Medical school- 5 online education courses regarding COVID-19 (2020)

**Research Projects in The Field of Specialization to The Environment and Society:**

No.	Research Title	Place of Publication	Year
1	The Effect of <i>Aloe vera</i> gel on wound healing and as an antibacterial agent	Global journal of Bioscience and biotechnology (GJBB), Vol. 3[4] October, 2014. 3 <sup>rd</sup> International Symposium on Medicinal Plants, their cultivation	2012
2	A relative assess on wound healing and anti scar activity of crude <i>echinops heterophyllus</i> extract and some of its bioactive fractions	International Journal of Pharmacy and Pharmaceutical Science ( IJPPS), India . Vol 5, Issue 3,	2013
3	Effect Of Alcoholic Extract Of <i>Vitex Agnus</i> Seeds On Some Function Of Female Reproductive System	International Journal of Science and Nature (IJSN), India Vol5(2) 2014: 254-257	2014
4	Antiproliferative activity of the phytochemical divicine From <i>vicia faba l.</i>	Global Journal of Bio-Science and biotechnology (GJBB), India. Vol	2014
5	A comparative study on the fertility effects of phytochemical compounds isolated from the fruits of <i>euterpe oleracea</i> and <i>lycium barbarum</i> with tadalafil drug on male rats.	Kerbala Journal of Pharmaceutical Science (KJPS), College of pharmacy/ University of Kerbalaa. Iraq . Vol(0) 8 2014:98-109	2014

6	The antibacterial effect of phytosterols isolated from <i>echinops heterophyllus</i> in comparison with mebo® and standard antimicrobial agents.	Almustansariyah Journal of Pharmaceutical Science (AJPS), Iraq Vol 14 (2) 2014:116-128	2014
7	Potential healing effects of <i>hibiscus sabdariffa</i> l. Flowers on arthritis	International Journal of Pharmacy and Pharmaceutical Science ( Vol 7 (1) .IJPPS), India Jan 2015	2015
8	Effects of crude extract of cyperus Esculentus ground nuts in experimentally induced hyperglycemia in mice	15 <sup>th</sup> international congress of the international society for ethnopharmacology- Jordan	2015
9	Hypolipidemic effect of caffeic acid isolated from arctium lappa cultivated in Iraq in hyperlipidemic rat model	College of pharmacy- Baghdad/Iraq	2015
10	Potential healing effect of topical stem cell transplantation and methandrostenolone in induced cutaneous wounds	Iraqi journal of biotechnology, vol 15 no 1 12-21	2016
11	Communicable diseases among IDPs	Upon publication	2017
12	Phytotherapeutic clinical Study of Tribulus terrestris Extract on diverse types of renal stones	Indian Journal of Natural Science ( IJONS) Vol-8 Issue 45/ Dec 2017	2017

13	Hematological and antioxidant effect of <i>Arctium lappa</i> leaves extract on female rats treated with chlorambucil	Paper ID 185 Submitted to the 2 <sup>nd</sup> international Eurasian conference on biological and chemical science ( Eurasianbiochem ) Ankara - Turkey	2019
14	<b>Antifertility effects of dried <u>Citrus aurantifolia</u> in comparison with caffeine extracted from <u>Coffea arabica</u> on the fertility on male rats.</b>	Indian journal of public health research and development Vol 10 issue 10 October 10	2019
15	<b>Association of polyomavirus BK virus with chronic renal failure patients</b>	Tropical medicine and public health 7 March 2020	2020

### **Membership:**

- British Herbal Medicine Association/ UK
- International Iraqi Medical Association/ UAE
- Iraqi Medical Science Association/ USA